



# The Folk Club of Reston-Herndon

*Preserving the traditions of Folk Music, Folk Lore, and Gentle Folk Ways*

[www.RestonHerndonFolkClub.com](http://www.RestonHerndonFolkClub.com)

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## August 9 Showcase – “A Cappella Pete”

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### 1 in 5

1 in 5 of us, sometime in his/her life, will be touched by an illness of the brain. I am in that 1 in 5. I've struggled all my life with bipolar disorder. I ride a roller-coaster of mood swings, from the heights of manic ecstasy through the depths of hopeless depression. Unlike at the amusement park, I can't get off at the end of the ride.

My first diagnosis at age thirty gave me an explanation of what was wrong with me. I've spent thirty plus years gaining hard-won knowledge of my condition. Today I feel that bipolar is not just a disability, but also an advantage. When I'm manic, I create. When I'm depressed, I edit. Fortunately, I've had a stable and loving family and a network of support groups. This has helped keep my boat from sinking in the storms of mood swings.

My love of music has been a constant in my life from grade school band to high school, college and church choirs. I've also sung with the Fairfax Choral Society and the Vienna Light Opera Company. It was in my six years with the George Chelena Chorale I gained my love of acappella singing.

Among the pieces of music I most love are Gabriel Faure's "Requiem" and the Jefferson Airplane's "After Bathing at Baxter's". I also love Hoagy Carmichael's "Skylark" and Paul Simon's "Sounds of Silence". I would also include Gershwin's "Our Love is Here to Stay" and Antonio Carlos Jobim's "Insensatez". Oh, yes, and James Gordon's "Knitting Sweaters for Penguins" and Tom Lehrer's "Smut". This is only a small sample.

I intend to sing covers of some songs that have special meaning to me and read poems and humorous monologues I've written. So sit back and enjoy a journey through the many moods of acappellaPete and acapoetPete and academicPete. I hope you'll gain a better understanding of bipolar and other mental illnesses than what you can learn from TV commercials.

And remember to "Make music every day. New melodies come only when you're singing." God bless you all.

# Harry Sacksioni – Dutch Master



Harry Sacksioni didn't always know he would become a guitarist. Born in Amsterdam on October 23<sup>rd</sup>, 1950, by age 9 he was a talented young soccer player, and was selected to play on the junior team of Amsterdam's great AJAX soccer club. By age 16 he was offered a contract on their professional team (a dream for most Dutch boys!), but had already started developing his skills for his other great love – music, and decided to move in that direction instead.

Surprisingly, it wasn't so much other great guitarists that inspired Harry in his own music as it was singer-players like Stevie Wonder, Joni Mitchell, Randy Newman, the Beatles, and others like them who were able to express their world in the form of music. Being gifted with a talent on the guitar, Harry was mostly self-taught, though he had a couple of years of lessons early on. But Harry says he decided at an early age that he could not sing, and so developed his own unique style of capturing the whole of a song – bass, chords, and melody, on a single instrument. He has been described as “comprising an entire band by himself”, and if you listen to his music (some good tracks on YouTube!) you'll understand how aptly this describes his ability.

By age 17, Harry gets his first nightly gig playing for a live audience, and within a year begins a 10-year collaboration with the famous Dutch entertainer Herman van Veen, whose music and comedy shows were well-known and loved throughout the Netherlands. During this period Harry co-writes music with van Veen for Herman's famous theater show and cartoon character Alfred J. Kwak. In 1974, Harry's solo career started to take off with the release of his 1<sup>st</sup> album, *Harry Sacksioni:Guitar*. By 1979, Harry had released his 3<sup>rd</sup> album, and the schedule of his solo performances made it necessary to bid his friend Herman farewell.

The next 25 or so years sees Harry keeping a busy tour schedule, both nationally and internationally. As a solo artist he performs live for 32,000 people within two days (at the Sports Arena in Antwerp, Belgium). He also appears on television, where a live performance in 1980 at the Royal Theater Carré in Amsterdam is broadcast to 52 countries. In 2005 he starts his CITY! program of performances in a musical combo format, which is so popular in 2005 and 2006 that it leads to the City Talent Tour in 2007 and 2008, where Harry invites a local guitarist from each city he tours to join him on stage for 20 minutes.

In 2009 Harry is knighted by the queen as a Royal Dutch Knight in the Order of the Orange Nassau. In 2010 he is honored in Belgium with a three-month-long string of “Sacksioni contests” at Belgian music academies, where Harry is also teaching master classes. Later that year an homage concert is held at the Royal Theater Carré in Amsterdam which includes all of the artists with whom he has shared the stage over the last 40 years.

Harry has other interests besides the guitar, including his involvement with charities for children with autism, and for children with terminal illnesses. He is also a family man, with a wife and two children. Between all his musical, charitable, family and other activities, he still manages to balance it all out by keeping up with his other great childhood love – soccer. Harry says it helps him to stay in shape so he can keep up with his busy schedule!

There's more information on Harry's website at [www.harrysacksioni.nl](http://www.harrysacksioni.nl), but you can find the English translation of his biography on our Folk Club website, graciously provided by Niels Jonker, without whom I could not have written this article. I would also like to thank Harry and his friend, Niek Hekster for taking the time to graciously correspond in answer to my inquiries. If you would like to order Harry's music, preparations are being made to handle international purchases through PayPal, and should hopefully be complete by later in the summer (Harry's CDs since 2001 have been self-produced in the hopes of making his music more affordable to his fans).



## Upcoming Performers

**Craig Werth** – September 13, \$11/\$10 – Singer-songwriter and multi-instrumentalist featuring guitars, bouzouki, dulcimer,banjo, ukulele, shruti box and more. <http://craigwerth.com>

**Sam & Joe Herrmann** – October 11, \$11/\$10 – Singer and multi-instrumentalist Joe and his wife Sam have entertained audiences for over 45 years with their traditional string band sound. <http://www.crittonhollow.com/>

## MUSICAL NOTES

### AvalonFest 2011

Aug 12-14 is the AvalonFest2010. Part of it is the Performing Artists' Songwriter's Contest (formerly "Rising Star") and the call for entries is out and can be found on the <http://www.avalon-resort.com> website or on [www.SonicBids.com](http://www.SonicBids.com) where entries are submitted.

### Folk Club Anniversary Party – August 23<sup>rd</sup>

The Folk Club will be celebrating its 24<sup>th</sup> anniversary at the Tortilla Factory this month. We'll be following our standard party night music format (single-song slots), and giving out CD's as door prizes. Come on out and help us celebrate!

### Hot August Blues and Roots Festival – August 20<sup>th</sup>

If it's hot already, you might just go head out for some hot music at the 20<sup>th</sup> annual HAB festival in Cockeysville, MD. Held at the Oregon Ridge Park, this year's lineup includes the **Tedeschi Trucks Band, Robert Randolph & the Family Band, Kings Go Forth, J. Roddy Walston and The Business, and the Tom Larsen Band.** The concert runs from Noon-10pm. Advance tickets are \$45, or \$50 at the gate. [hotaugustblues.com/](http://hotaugustblues.com/)

### Folk Club Campout – September 3<sup>rd</sup>-5<sup>th</sup>

The annual campouts are one of the oldest traditions of The Club, having been held in one form or another since 1986. Dave has been hosting the get-togethers since 1990. Come help Dave and Beth (and everyone else!) celebrate their annual Labor Day Folk Club Campout. Meals are provided (for a small contribution charge), so pack up your tents, drinks, and instruments and come on out to the beautiful Double Trouble Estate in Stephenson, VA. See Dave or Beth at The Club for more info, and be sure to make your reservations by September 1<sup>st</sup>. **Check our website for the flyer!**

## ALL AROUND THE TOWN

*That's right – they don't just play at The Folk Club!*

**Larry Mediate** [larry-mediate.com](http://larry-mediate.com)

**T.M Hanna,** [birdphluph.com](http://birdphluph.com)

**Bill Davis (w/Somos El Mar)**  
[schoolshows.com/somoselmar](http://schoolshows.com/somoselmar)

**Doris Justis**  
[dorisjustis.com](http://dorisjustis.com) - Folk, original, and contemporary music

**Ron Goad –** [MisterGoad@aol.com](mailto:MisterGoad@aol.com)  
- Mondays 7:30pm, F.A.M.E. Variety Showcases at Brewer's Alley, Frederick, MD. [FrederickAcoustic.org](http://FrederickAcoustic.org)

- 2<sup>nd</sup> Thursday each month 7:00pm, SAW-BMI concerts at The Athenaeum, Old Town Alexandria.  
[NVFAA.org](http://NVFAA.org)

- 1<sup>st</sup> and 3<sup>rd</sup> Thursdays, 7:00-11pm, SAW-BMI Variety Showcase at Bangkok Blues, Falls Church, VA.  
[bangkokblues.com](http://bangkokblues.com)

**Ric Sweeney (a.k.a. – 'Mr. Rain')**  
[myspace.com/ricsweeneysilverlinings](http://myspace.com/ricsweeneysilverlinings)  
<http://www.reverbNation.com/ricsweeney>

**Scott Malyszka**  
[cdbaby.com/cd/scottmalyszka](http://cdbaby.com/cd/scottmalyszka)  
[feelthewag.com](http://feelthewag.com)

**Bo Carneal**  
[myspace.com/bocarneal](http://myspace.com/bocarneal)

## MONTHLY MILESTONES

### Born This Month:

8/1/1931 – "Ramblin" Jack Elliot  
8/1/1942 – Jerry Garcia  
8/4/1901 – Louis Armstrong  
8/8/1944 – John Renbourn  
8/12/1929 – Alvis Edgar "Buck" Owens, Jr.  
8/14/1941 – David Crosby  
8/22/1917 – John Lee Hooker  
8/27/1925 – Carter Stanley

### And In Passing:

8/6/1973 – Lizzie Douglas (a.k.a. 'Memphis Minnie')  
8/9/1995 – Jerry Garcia  
8/13/1951 – Dan Fogelberg  
8/15/1958 – "Big" Bill Broonzy  
8/16/1938 – Robert Johnson  
8/16/2005 – Vassar Clements  
8/19/1959 – "Blind" Willie McTell  
8/21/1918 – Orville Gibson  
8/29/1976 – Jimmy Reed

### Noteworthy Events:

8/6/1970 – Marking the 25<sup>th</sup> anniversary of the bombing of Hiroshima, the Concert for Peace is held at New York's Shea Stadium. Performers include Steppenwolf, Janis Joplin, Paul Simon, Poco and Johnny Winter.

8/15/1965 – A new attendance record for a pop music concert is set when The Beatles perform before 56,000 fans at Shea Stadium. Mick Jagger and Keith Richard are in the audience.



8/28/1963 – Peter, Paul & Mary sing "Blowin' In the Wind" on the steps of the Lincoln Memorial before Martin Luther King delivers his "I Have a Dream" speech.

8/29/1958 – George Harrison joins The Quarrymen, forming a triumvirate with John Lennon and Paul McCartney that would lead to The Beatles.

### Quote for the Month

*"Whether you're playing in a bar, a strip joint, or the Himalayas, the first duty of music is to complement and enhance life."*

~ Carlos Santana



*of Reston & Herndon*

Meets Tuesday nights, 7:15pm at The Tortilla Factory  
648 Elden Street, Herndon, VA

**President:** Ben Hamblin

**Treasurer:** Dave Hurd

**Board of Directors:** Sue Beffel, Bill Davis, TM Hanna, Lynn Jordan, Ray & Ellen Kaminsky, Chris Kramer-Harnage, Sue Schier, Ron Goad, Bob Hampton, Laura Kelmelis

**Publicity:** Felicia Strickland, Sue Schier

**Bookings:** Chris Kramer-Harnage

**Newsletter:** Bob Hampton, Dan Grove, Chris Kramer-Harnage, Dave Hurd

**Newsgroup:** Dianne Lafleur

**Website:** Bob Hampton

#### **FOLK CLUB FORMAT**

Most Tuesday nights the Folk Club is an open-mike format with a signup board. Each performer has 12 minutes, which includes setup time. On the 2<sup>nd</sup> Tuesday of the month, we feature a "Showcase" of a Folk Club member in a 25-minute performance.

#### **SHOWCASE PERFORMANCES**

To be in the Showcase you must: 1) be a Folk Club member who has not done a showcase in the last 6 months; 2) fill out a lottery slip and place it in the "drawing bucket"; 3) Win the drawing on the night of the current month's showcase; and 4) be prepared to be featured in the next newsletter!

#### **NEWSLETTER PUBLICATION**

Folk Club members are encouraged to submit performance calendars, classified ads, articles, reviews, artwork and other music-related items to newsletter editor Bob Hampton at [bhampton@ossva.com](mailto:bhampton@ossva.com). Information should be received 1 week prior to the end of the month for the next month's newsletter. Items will be published on the basis of music-related interest, timeliness, and available space.

#### **RESERVE YOUR CONCERT SEATS IN ADVANCE**

Donations can be made in advance for Guest Artist concert performances on Tuesdays at the Folk Club or by prepaid mail. Contact Dave Hurd, 110 Devil's Backbone Overlook, Stephenson, VA 22656, (540) 722-0146

#### **FOLK CLUB MEMBERSHIP**

If you enjoy the music and company, become a member! The cost is nominal, just \$15 per year. Along with the opportunity to participate in Showcase drawings, you get a \$1 discount on the recommended donation for guest artist concerts (up to 2 donations per show). Join up on Folk Club Tuesdays, or call a board member for info.

#### **NEWSGROUP**

The Folk Club newsgroup is a great way of keeping in touch with what's happening around town and beyond. Just go to: <http://launch.groups.yahoo.com/group/FolkClubofRestonHerndon/>

#### **WEBSITE**

The Folk Club has its own website at:  
[www.RestonHerndonFolkClub.com](http://www.RestonHerndonFolkClub.com)

#### **INFO LINE**

For general folk club information contact Sue Schier at (703) 435-2402



## Classifieds



**WANTED:** Your old guitar strings! The Second Strings Project has distributed over 10,000 sets to the world's most depressed regions. Send complete sets only to Kevin Deame, 28 Ladd, Ellington, CT 06029



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c/o Dave Hurd  
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